MEDITERRANEA

Pasta and Cauliflower



Ingredients for 5:

- 400 g pasta tubes
- 1 cauliflower 2 peeled tomatoes
- 1 onion
- several cheese crusts
- Parmesan cheese
- Mediterranea EV Olive oil
- · salt · chili pepper

- 1. Clean the cauliflower and cut into pieces.
- 2. In a large pan, add the thinly sliced onion and 4-5 TBS Olive Oil until the onion is soft. Add the cauliflower pieces and cook for a few minutes.
- 3. Add the peeled tomotoes and squash well with a fork. Add the cheese crusts. In a pot of salted boiling water, cook the pasta tubes.
- 4. Add a few ladles of boiling pasta water to the pan with the cauliflower and cook until soft.
- 5. Just before the pasta is cooked though, drain the pasta tubes and add to the pan to finish cooking. Add parmesan cheese and a pinch of chili pepper, if desired.
- 6. Serve hot with a little cheese crust and grated parmesan cheese.